

## 附件 5

## 3岁以下婴幼儿年龄别体质指数 (BMI) 标准差数值表

年龄		男童 (BMIkg/m <sup>2</sup> )						
岁	月	-3SD	-2SD	-1SD	中位数	1SD	2SD	3SD
1	0	10.2	11.1	12.2	13.4	14.8	16.3	18.1
	1	11.3	12.4	13.6	14.9	16.3	17.8	19.4
	2	12.5	13.7	15.0	16.3	17.8	19.4	21.1
	3	13.1	14.3	15.5	16.9	18.4	20.0	21.8
	4	13.4	14.5	15.8	17.2	18.7	20.3	22.1
	5	13.5	14.7	15.9	17.3	18.8	20.5	22.3
	6	13.6	14.7	16.0	17.3	18.8	20.5	22.3
	7	13.7	14.8	16.0	17.3	18.8	20.5	22.3
	8	13.6	14.7	15.9	17.3	18.7	20.4	22.2
	9	13.6	14.7	15.8	17.2	18.6	20.3	22.1
	10	13.5	14.6	15.7	17.0	18.5	20.1	22.0
	11	13.4	14.5	15.6	16.9	18.4	20.0	21.8
	12	13.4	14.4	15.5	16.8	18.2	19.8	21.6
	13	13.3	14.3	15.4	16.7	18.1	19.7	21.5
	14	13.2	14.2	15.3	16.6	18.0	19.5	21.3
	15	13.1	14.1	15.2	16.4	17.8	19.4	21.2
	16	13.1	14.0	15.1	16.3	17.7	19.3	21.0
	17	13.0	13.9	15.0	16.2	17.6	19.1	20.9
	18	12.9	13.9	14.9	16.1	17.5	19.0	20.8
	19	12.9	13.8	14.9	16.1	17.4	18.9	20.7
	20	12.8	13.7	14.8	16.0	17.3	18.8	20.6
	21	12.8	13.7	14.7	15.9	17.2	18.7	20.5
	22	12.7	13.6	14.7	15.8	17.2	18.7	20.4
23	12.7	13.6	14.6	15.8	17.1	18.6	20.3	
2 <sup>a</sup>	24	12.7	13.6	14.6	15.7	17.0	18.5	20.3
2 <sup>b</sup>	24	12.9	13.8	14.8	16.0	17.3	18.9	20.6
	25	12.8	13.8	14.8	16.0	17.3	18.8	20.5
	26	12.8	13.7	14.8	15.9	17.3	18.8	20.5
	27	12.7	13.7	14.7	15.9	17.2	18.7	20.4
	28	12.7	13.6	14.7	15.9	17.2	18.7	20.4
	29	12.7	13.6	14.7	15.8	17.1	18.6	20.3
	30	12.6	13.6	14.6	15.8	17.1	18.6	20.2
	31	12.6	13.5	14.6	15.8	17.1	18.5	20.2
	32	12.5	13.5	14.6	15.7	17.0	18.5	20.1
	33	12.5	13.5	14.5	15.7	17.0	18.5	20.1
	34	12.5	13.4	14.5	15.7	17.0	18.4	20.0
	35	12.4	13.4	14.5	15.6	16.9	18.4	20.0
3	36	12.4	13.4	14.4	15.6	16.9	18.4	20.0

### 3岁以下婴幼儿年龄别体质指数(BMI)标准差数值表(续)

年龄		女童 (BMIkg/m <sup>2</sup> )						
岁	月	-3SD	-2SD	-1SD	中位数	1SD	2SD	3SD
1	0	10.1	11.1	12.2	13.3	14.6	16.1	17.7
	1	10.8	12.0	13.2	14.6	16.0	17.5	19.1
	2	11.8	13.0	14.3	15.8	17.3	19.0	20.7
	3	12.4	13.6	14.9	16.4	17.9	19.7	21.5
	4	12.7	13.9	15.2	16.7	18.3	20.0	22.0
	5	12.9	14.1	15.4	16.8	18.4	20.2	22.2
	6	13.0	14.1	15.5	16.9	18.5	20.3	22.3
	7	13.0	14.2	15.5	16.9	18.5	20.3	22.3
	8	13.0	14.1	15.4	16.8	18.4	20.2	22.2
	9	12.9	14.1	15.3	16.7	18.3	20.1	22.1
	10	12.9	14.0	15.2	16.6	18.2	19.9	21.9
	11	12.8	13.9	15.1	16.5	18.0	19.8	21.8
	12	12.7	13.8	15.0	16.4	17.9	19.6	21.6
	13	12.6	13.7	14.9	16.2	17.7	19.5	21.4
	14	12.6	13.6	14.8	16.1	17.6	19.3	21.3
	15	12.5	13.5	14.7	16.0	17.5	19.2	21.1
	16	12.4	13.5	14.6	15.9	17.4	19.1	21.0
	17	12.4	13.4	14.5	15.8	17.3	18.9	20.9
	18	12.3	13.3	14.4	15.7	17.2	18.8	20.8
	19	12.3	13.3	14.4	15.7	17.1	18.8	20.7
	20	12.2	13.2	14.3	15.6	17.0	18.7	20.6
	21	12.2	13.2	14.3	15.5	17.0	18.6	20.5
	22	12.2	13.1	14.2	15.5	16.9	18.5	20.4
	23	12.2	13.1	14.2	15.4	16.9	18.5	20.4
2 <sup>a</sup>	24	12.1	13.1	14.2	15.4	16.8	18.4	20.3
2 <sup>b</sup>	24	12.4	13.3	14.4	15.7	17.1	18.7	20.6
	25	12.4	13.3	14.4	15.7	17.1	18.7	20.6
	26	12.3	13.3	14.4	15.6	17.0	18.7	20.6
	27	12.3	13.3	14.4	15.6	17.0	18.6	20.5
	28	12.3	13.3	14.3	15.6	17.0	18.6	20.5
	29	12.3	13.2	14.3	15.6	17.0	18.6	20.4
	30	12.3	13.2	14.3	15.5	16.9	18.5	20.4
	31	12.2	13.2	14.3	15.5	16.9	18.5	20.4
	32	12.2	13.2	14.3	15.5	16.9	18.5	20.4
	33	12.2	13.1	14.2	15.5	16.9	18.5	20.3
	34	12.2	13.1	14.2	15.4	16.8	18.5	20.3
	35	12.1	13.1	14.2	15.4	16.8	18.4	20.3
	3	36	12.1	13.1	14.2	15.4	16.8	18.4

注：1. 若 24 月龄婴幼儿使用卧式身长计测量身长，则使用年龄为 2<sup>a</sup> 行的数据；若其使用立式身高计测量身高，则使用年龄为 2<sup>b</sup> 行的数据。  
 2. 此表上 0-2 岁的 BMI 值是根据身长测算的，若 0-2 岁婴幼儿测量的是立式身高，要在身高基础上增加 0.7cm，转换成身长后再计算 BMI 指数。若 2-3 岁婴幼儿测量的是卧式身长，则要在身长基础上减少 0.7cm，转换成身高后再计算。